

# PARENTHOOD.. NO LONGER A DREAM!

*Infertility earlier was a major cause of concern. Aspiring parents did not have a way of addressing their fertility issues. But not anymore as **Auyon Acharya** talks to **Dr Amol Lunkad** and discovers **Indira IVF**, a state of art, one stop destination for all kinds of fertility related issues.*

**D**r. Amol Lunkad, M.D (OBGY) (AIIMS), DNB, MICOG, MNMAS, Dip. Advanced Gynae. Laparoscopy (Germany), Fellow Advanced IVF & ICSI (USA) is one of the foremost gynae, laparoscopic surgeons & IVF specialists in India. As the Chief IVF Consultant and Medical Director Indira IVF, Dr. Amol has proven expertise in handling complex fertility issues and he ensures that everyone who comes to Indira IVF returns back happy and satisfied. He has been bestowed with the Times Man of the Year 2018 award for his excellence

and perfection in the field of infertility.

**UNDERSTANDING IVF** Assisted Reproductive Techniques (ART) have become one of the most sought after choices for infertile couples. IVF (In-vitro Fertilization or test tube baby) is the process of fertilisation by extracting females' eggs, retrieving male's sperms and then manually combining an egg and sperm in laboratory dish in a controlled environment. The embryo(s) so formed are then transferred to the uterus to achieve pregnancy.



Dr Amol Lunkad and his team at Indira IVF pune delivered 7 IVF babies in a day in February .. bringing parenthood to Infertile couples ..!



**Dr AMOL LUNKAD**, Gynae Laparoscopic Surgeon & IVF Specialist

## BUSTING MYTHS ABOUT IVF

**MYTH:** IVF is the last resort treatment for infertile couples

**TRUTH:** Treatment modality will depend on reason and duration of infertility and also on age of couple. If the reason is such that IVF is going to be the only best success giving treatment then one should opt for it without wasting time on other modalities.

**MYTH:** IVF is very painful with lot of side-effects

**TRUTH:** Almost painless with negligible or short-term side-effects without any long term harm to the body

**MYTH:** IVF requires prolonged hospitalisation and complete bed rest

**TRUTH:** IVF neither requires

hospitalisation nor strict bed rest. In fact we encourage light exercise and stress free work during IVF

**MYTH:** There may be chances of mixing of other's egg/sperms and baby will be of someone else

**TRUTH:** IVF Process has standardised protocols (SOPs), third observer technique is followed and at a time only one patient's egg/sperms are handled so there is no question of such mixing.

**MYTH:** Laparoscopy is a must for all patients

**TRUTH:** No not all, only very few patients who have some pathology/disease which needs to be corrected before IVF will require laparoscopy.

Dr Amol and his team at Indira IVF who have successfully done more than 35000 plus ICSI pregnancies says, "Assisted reproductive technology allows women to freeze their eggs when they are younger to preserve them for future use and pregnancy. ART can also help menopausal women to achieve pregnancy by using the egg

donation IVF technique." So now you know exactly where to head to discover the best solutions to your fertility related complications.

Address:- Indira IVF,  
New Airport Road,  
VimanNagar, Pune 411014.  
9028062676/77,  
020-67087900;  
dramollunkad@gmail.com;  
www.dramollunkad.com